Soup

SINIGANG NA BABOY	\$18. ⁵⁰
Pork belly and mixed vegetables in sour tamarind soup	
SINIGANG NA BANGUS BELLY	\$18 ^{.50}
Boneless milkfish and mixed vegetables in sour tamarind s	soup
SINIGANG NA BAKA	\$19 ^{.95}
Beef short ribs and mixed vegetables in sour tamarind sou	
SINIGANG NA HIPON	\$ 9 ^{.50}
Shrimp and mixed vegetables in sour tamarind soup	
BULALO	\$19 ^{.95}
Beef bone marrow soup with vegetables	
NILAGA	\$ 9 ^{.95}
Beef short ribs, potato and baby bokchoy soup	
BEEF PAPAITAN	\$19 ^{.50}
Beef kamto brisket, tripe and tendon soup	
CHICKEN MAMI	\$12 ^{.50}
Chicken noodle soup	
BEEF MAMI	\$13 ^{.95}
Beef noodle soup	
LOMI	\$12 ^{.95}
Chicken, pork and shrimp in egg drop noodle soup	
GOTO	\$11 ^{.50}
Beef tripe and tendon congee	
ARROZ CALDO	\$11 ^{.50}
Chicken congee	

Rice

Ince		
STEAMED JASMINE RICE		
Individual - \$3 ^{.50}	Large - \$8 ^{.50}	
GARLIC RICE		
Individual - \$4 ^{.00}	Large - \$9 ^{.50}	
BAGOONG RICE		\$10 ^{.50}
Mixed fried rice seasoned w	ith sautéed shrimp paste	
LECHON FRIED RICE		\$12 ^{.95}
Stir-fried lechon, egg and ca	rrots with housemade sarsa	
LA MEZA FRIED RICE		\$ ^{.95}
Stir-fried rice with sausage,	egg, and mixed vegetables	

Desserts		
HALO HALO WITH ICE CREAM BANANA CON YELO Sago gulaman UBE Halaya Ginataan bilo bilo Leche Flan	\$11. ⁹⁵ \$8. ⁹⁵ \$5 ^{.95} \$5. ⁹⁵ \$5. ⁹⁵ \$13. ⁹⁵	
Bibingkang Malagkit \$49	Sapin Sapin (min. 2 trays/order)	\$55

Bibingkang Malagkit	\$49	Sapin Sapin (min. 2 t
Bico	\$45	Ube Halaya
Cassava Cake	\$49	Buko Pandan (Med)
Fruit Salad	\$49	Ginataan Bilo (Med)

PARTY TRAYS

- Lumpiang Shanghai Pork BBQ (cater size; min. 40 pcs) Chicken BBQ (cater size; min. 40 pcs) Rellenong Bangus Pritong Lumpia (vegetarian) La Meza Fiesta (4-5ppl) Boodle Fiesta (10-12ppl)
- 50 pcs \$55 100 pcs \$105 \$3.50/piece \$49/piece \$72.95 \$195.50

	SMALL 13" x 10" x 1.5"	MEDIUM 13" x 10" x 2.5"	LARGE 20.75" x 13" x 2"
Bicol Express	80	105	190
Bopis	80	105	190
Cebu Lechon	100	120	220
Crispy Binagoongan	95	115	215
Dinakdakan	85	110	200
Dinuguan	80	105	190
Lechon Kawali	95	115	215
Lechon Paksiw	85	110	200
Menudo	80	105	190
Pork Sisig	85	110	200
Lechon Sisig	100	120	220
Tokwa't Baboy	85	110	200
Bistek Tagalog	105	130	240
Kaldereta	100	120	230
Kare Kare	100	120	230
Chicken Inasal	80	105	190
Chicken Pork Adobo	80	105	190
Chicken Sisig	80	105	190
Tofu Sisig	80	105	190
Crispy Chicken	80	105	190
Bangus Sisig	80	110	n/a
Chopsuey	70	90	165
Ginataan Sitaw at Kalabasa	70	90	165
Laing	70	90	165
Lumpiang Hubad	70	90	165
Pinakbet	70	90	165
Mixed Pancit	50	75	140
Palabok (thin or thick)	55	80	150
Pancit Bihon	50	75	140
Pancit Canton	50	75	140
Pancit Lomi	55	80	150
Spaghetti	55	80	150
Sweet and Sour Fish Fillet	80	105	190
Fresh Lumpia	43 (4 pcs)	n/a	86 (8 pcs)
Chicken Pares	80	105	190
Beef Pares	105	130	240
Burger Steak	90	n/a	170
Descriptions Research	05	1 445	0.4 5



Filipino Restaurant and Catering

604 501 0963

11955 88TH AVENUE DELTA, BC

WWW.LAMEZAGRILL.COM LAMEZAGRILL.LTD@GMAIL.COM



95

80

115

105

215

190

Bagnet Kare Kare

Ginataan Langka

\$49

\$45

\$49

Appetizers

LUMPIANG SHANGHAI (9 PCS)	\$10 ^{.95}
Ground pork and vegetable spring roll	
PRITONG LUMPIA (PER PIECE)	\$3 ^{.95}
Fried vegetable spring roll	
TOKWA'T BABOY	\$15 ^{.95}
Fried tofu and crispy pork belly with soy vineg	ar sauce
FRESH LUMPIA	\$11 ^{.50}
Vegetables wrapped in large soft crepe with p	eanut garlic
sauce	
UKOY (2 PCS)	\$10 ^{.95}
Deep fried vegetable fritters	
ENSALADANG TALONG	\$9 ^{.95}
Grilled eggplant, salted duck egg and tomato	
KWEK KWEK	\$8 ^{.95}
Deep fried quail egg fritters.	

Breakfast (includes tomato salsa, egg and garlic rice)

LONGSILOG (sweet pork sausages)	\$I5 ^{.50}
TAPSILOG (house-cured garlic beef)	\$15 ^{.95}
TOCILOG (house-cured diced pork)	\$I5 ^{.50}
CHICKEN TOCILOG (house-cured chicken)	\$I5 ^{.50}
BANGSILOG (fried milkfish)	\$I5 ^{.50}
DAING NA BIYA (fried tuyo)	\$13 ^{.95}

Sizzling Plates

PORK SISIG	\$16 ^{.95}
Diced pork mask marinated in soya and lemon	
CHICKEN SISIG	\$16 .50
Diced chicken marinated in soya and lemon	
BANGUS SISIG	\$16 ^{.95}
Milkfish marinated in soya and lemon	
	\$I7 ^{.50}
Slow roasted pork belly in soya and lemon	
	\$16 ^{.50}
Tofu marinated in soya and lemon	

Rice Bowl

BURGER STEAK (2 pcs with gravy and jasmine rice)	\$15 ^{.95}
CHICKEN PARES (with egg and garlic rice)	\$I5 ^{.50}
BEEF PARES (with egg and garlic rice)	\$16 ^{.95}

*Prices are subject to change without notice. **PLEASE ADVISE US OF ANY FOOD ALLERGIES UPON ORDERING.

Off the grill

Off the grill	
PORK BBQ	\$4 ^{.95}
House special marinated pork BBQ	* 1 95
CHICKEN BBQ	\$4 ^{.95}
House special marinated chicken BBQ LIEMP0	\$16 ^{.95}
Flame grilled pork belly	
DINAKDAKAN	\$16 ^{.50}
Ilocano specialty grilled pork in vinegar-based	sauce
CHICKEN INASAL	\$16 ^{.95}
Bacolod style lemongrass chicken	
GRILLED SQUID	\$19 ^{.95}
Two whole grilled squid	
BANGUS INASAL	\$16 ^{.95}
Flame grilled lemongrass milkfish	
LA MEZA FIESTA (4-5PPL)	\$72 ^{.95}
Grilled Liempo, Chicken Inasal, Grilled Squid, G and Ensaladang Talong	irilled Tilapia

Pork

POIK	
BAGNET KARE KARE	\$19 ^{.95}
Crispy bagnet pork belly with vegetables in pe	eanut sauce
CRISPY BINAGOONGAN	\$17 ^{.95}
Toasted pork belly sautéed in tomato shrimp	paste sauce
BICOL EXPRESS	\$16 . ⁵⁰
Diced pork and jalapenos in coconut sauce	
CRISPY PATA	\$19 ^{.95}
Deep fried pork hock	
LECHON KAWALI	\$18 ^{.95}
Deep-fried pork belly served with La Meza spe	ecial sarsa
LECHON PAKSIW	\$16 ^{.50}
Roasted pork vinegar stew	
MENUDO	\$16 ^{.50}
Diced pork and liver with mixed vegetables in	tomato stew
DINUGUAN	\$16 ^{.50}
Pork blood stew	
BOPIS	\$16 ^{.50}
Diced pork heart and lungs sautéed in tomato	es and chillies

Seafood

Sealoou	
BONELESS PRITONG BANGUS	\$16 ^{.95}
Fried battered milkfish	
GRILLED OR FRIED TILAPIA	\$15 ^{.95}
Choice of flame grilled or fried battered tilapia	
GRILLED OR FRIED PAMPANO	\$19 ^{.95}
Choice of flame grilled or fried battered pompa	no
SWEET AND SOUR FISH FILLET	\$16 ^{.95}
Fried basa fillet in sweet and sour sauce	

Beef

KARE KARE	\$20.95
Oxtail, beef shank, tripe and tendon in savory peanut st	ew
BISTEK TAGALOG	\$17 ^{.95}
Sauteed striploin with onions in lemon soy sauce	
KALDERETA	\$19 ^{.95}
Beef, potatoes, red pepper in tomato stew	
BEEF PARES	\$19 ^{.95}
Slow cooked beef in sweet soy garlic sauce	

Chicken

CRISPY CHICKEN	\$16 ^{.50}
Crispy fried boneless chicken thighs with garlic mayo	
CHICKEN PORK ADOBO	\$16 ^{.50}
Chicken and pork marinated in pepper soya and vinega	r sauce
CHICKEN PARES	\$16 ^{.50}
Slow cooked chicken in sweet soy garlic sauce	

Vegetables (Vegetarian options available)

regetables (regetalian options available)	
LAING	\$I5 ^{.50}
Taro leaves in spicy coconut milk with shrimp sauce and m	inced
pork CHOPSUEY	\$15 ^{.95}
Stir-fried mixed vegetables with chicken, pork and shrimp PINAKBET	\$15 ^{.95}
Mixed vegetables in shrimp paste sauce with diced pork an shrimp	nd
GINATAAN SITAW AT KALABASA	\$15 ^{.95}
Squash and long beans in coconut milk with pork and shrir	np
GINATAAN LANGKA	\$17. ^{.50}
Jackfruit, shrimp and lechon pork belly in coconut milk	
TORTANG TALONG	\$15 ^{.95}
Ground pork and mixed peppers in eggplant omelette	

Noodles

SEAFOOD PALABOK	\$16 ^{.95}
Mixed seafood sauce with thick rice noodles, egg and por	k rinds
SPAGHETTI	\$16 ^{.95}
Ground beef and pork, hotdog, and sweet tomato sauce	
PANCIT BIHON	\$15 ^{.50}
Stir-fried rice noodles with chicken, pork, shrimp and vege	etables
PANCIT CANTON	\$15 ^{.50}
Stir-fried egg noodles with chicken, pork, shrimp and vege	tables
MIXED PANCIT	\$15 .50
Mixed stir-fried egg noodles and rice noodles with chicker squid balls, shrimp and vegetables	ı, pork,
PANCIT LOMI	\$16 ^{.50}
Thick egg noodles with mixed vegetables, chorizo, chicker shrimp, and crab meat	١,